



WEST FORSYTH HS FOOTBALL



HOME OF THE WOLVERINES

Established 2007

HEAD COACH: FRANK HEPLER

Dear Wolverine football families,

We have had a great summer so far. It was back on June 6th that we started our summer workouts for the 2011 season. I have seen many players getting stronger, faster and acclimated to the warm weather. To be in the best possible position to handle the warm weather of August, it is important to come in and workout with your teammates. The team competition is going good also. I look forward to announcing our team winner at the Wolverine Pride Night Aug 18th. We will also announce any players with 100 percent attendance for the summer.

Many hours go into trying to have a state playoff season. Hours spent at winter workouts, fundraising, Night of champions, spring practice, community service, and summer workouts. Getting to the playoffs is not a guarantee, it will take a great effort to return to the playoffs. I always say if you are doing good things we can achieve success. ALL IN.

I want to thank all of the players and families that have been involved in our team fund raising. The pine straw sales, the card sales and the corporate ads have all been good ways to help our program grow and to be one of the best programs in the state. Please contact me or any booster club officer about the player fees if you still need to take care of that.

Our guys have also done a great job going to camps this summer. We had a fantastic group go to the UCF football camp. I will send out pictures soon so you can see how things looked at the camp. I know some players have attended other camps also. We also had a huge turnout for our own WFHS football experience camp. It was great having Coach Taylor and his Vipers with us for camp.

I have listed some important dates below: Please go to www.wftdc.com for more info.

July - Each Mon + Wed 6:30 pm to 7:30 pm Passing work

August 1 - Practice begins 8 am (Please see August calendar attached for all times)

PLEASE CHECK TO MAKE SURE YOUR PHYSICAL IS GOOD FOR ALL SEASON.

August 6 - Team pictures 9am

August 11 - School begins

August 12 - Inner squad scrimmage after school/ scout opponents

August 18 - Wolverine Pride Night - 7pm WFHS Cafe (All Families + Players)

August 19 - Preseason game vs Parkview at WFHS 7:30pm

Aug 26th - Game 1 vs Harrison HS 7:30 pm at WFHS

Sept 2nd - game at Cherokee HS 7:30pm

Sept 5 - Labor day PRACTICE 6:30 pm

Sept ~~1st~~ JV and 9th grade season begins

Let's keep outworking our opponents. I believe we can show the entire state that we are here in 5A to make some noise. I believe we are going to show the State that we can compete with all 5A teams. Keep working hard and I hope to see all of you at the available workouts.

Coach Hepler
West Forsyth HS
Head Football Coach

State Playoffs: 2010,

AUGUST 2011 FOOTBALL PRACTICE GUIDE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Practice Begins 8am - 10am Lunch/meet 10am-2pm Practice 4pm - 6pm	2 Practice 8am - 11 am	3 Practice 8am - 10am Lunch/meet 10am-2pm Practice 4pm - 6pm	4 Practice 8am to 11 am	5 First day teachers report Practice 4pm - 6pm	6 TEAM PICTURES 9AM
7	8 Practice 7am to 8:30 am Practice 5pm to 8 pm	9 Practice 5pm to 7pm	10 Practice 7am to 8:30 am	11 FIRST DAY OF SCHOOL Practice 4pm to 6:30pm	12 Scrimmage 4pm to 6:30pm	13
14	15 Practice 4pm to 6:30pm	16 Practice 4pm to 6:30pm	17 Practice 4pm to 6:30pm	18 Practice 4pm to 6:30pm WOLVERINE PRIDE NIGHT 7PM CAFÉ' All families welcome	19 SCRIMMAGE NIGHT VS PARKVIEW - HOME 7:30PM	20 Pancake Breakfast (Donation) Drive One Year School
21	22 Practice 4pm	23 Practice 4pm	24 Practice 4pm	25 Practice 4pm	26 GAME 1 VS HARRISON HOME - 7:30 PM	27
28	29 Practice 4pm	30 Practice 4 pm	31 EARLY RELEASE DAY Practice 4 pm	1 SEPT. 1 Practice 4pm	2 SEPT. 2 GAME 2 VS CHEROKEE AWAY - 7:30PM	

PRACTICE TIMES ARE SUBJECT TO CHANGE DUE TO INCLEMENT WEATHER OR TEACHING RESPON. PLEASE CHECK TEAM WEBSITE FREQUENTLY. WWW.WFTDC.COM
MISSING PRACTICE TIME WILL RESULT IN NOT BEING ABLE TO PARTICIPATE IN GAME ACTIVITIES.